

**Help Your Child Become a Caring and
Capable Student with Habits of Mind**




**Como Ayudar a Su Hijo Ser un
Estudiante Capaz y Atento Usando Los
Habitos de la Mente**

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What characteristics do you expect or hope for your child?

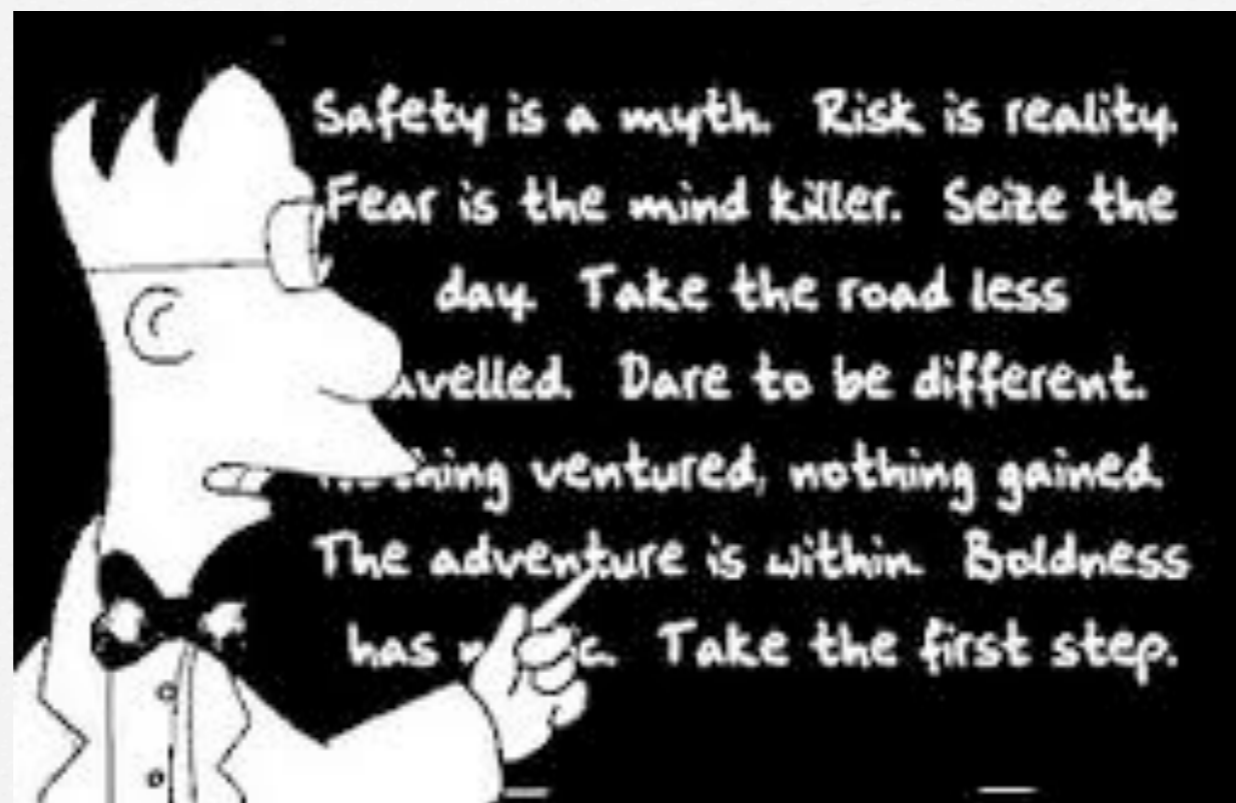
- caring
- responsible
- respectful
- happy
- funny
- humble
- honest
- confident
- giving
- empathetic
- intelligent
- persistent

Habits of Mind

 <p>1. Persisting Stick to it! Persevering in task through to completion; remaining focused. Looking for ways to reach your goal when stuck. Not giving up.</p>	 <p>2. Managing impulsivity Take your Time! Thinking before acting; remaining calm, thoughtful and deliberative.</p>
 <p>3. Listening with understanding and empathy Understand Others! Devoting mental energy to another person's thoughts and ideas. Make an effort to perceive another's point of view and emotions.</p>	 <p>4. Thinking flexibly Look at it Another Way! Being able to change perspectives, generate alternatives, consider options.</p>
 <p>5. Thinking about your thinking (Metacognition) Know your knowing! Being aware of your own thoughts, strategies, feelings and actions and their effects on others.</p>	 <p>6. Striving for accuracy Check it again! Always doing your best. Setting high standards. Checking and finding ways to improve constantly.</p>
 <p>7. Questioning and problem posing How do you know? Having a questioning attitude; knowing what data are needed and developing questioning strategies to produce those data. Finding problems to solve.</p>	 <p>8. Applying past knowledge to new situations Use what you Learn! Accessing prior knowledge; transferring knowledge beyond the situation in which it was learned.</p>
 <p>9. Thinking and communicating with clarity and precision Be clear! Striving for accurate communication in both written and oral form; avoiding over generalizations, distortions, deletions and exaggerations.</p>	 <p>10. Gather data through all senses: Use your natural pathways! Pay attention to the world around you Gather data through all the senses; taste, touch, smell, hearing and sight.</p>
 <p>11. Creating, imagining, and innovating Try a different way! Generating new and novel ideas, fluency, originality</p>	 <p>12. Responding with wonderment and awe Have fun figuring it out! Finding the world awesome, mysterious and being intrigued with phenomena and beauty.</p>
 <p>13. Taking responsible risks Venture out! Being adventuresome; living on the edge of one's competence. Try new things constantly.</p>	 <p>14. Finding humor Laugh a little! Finding the whimsical, incongruous and unexpected. Being able to laugh at oneself.</p>
 <p>15. Thinking interdependently Work together! Being able to work in and learn from others in reciprocal situations. Team work.</p>	 <p>16. Remaining open to continuous learning I have so much more to learn! Having humility and pride when admitting we don't know; resisting complacency.</p>

 <p>Persistir ¡No desistas!</p>	 <p>Controlar la impulsividad</p>
 <p>Escuchar entendiendo y comprendiendo ¡Entiende a los demás!</p>	 <p>Pensar con flexibilidad</p>
 <p>Reflexionar sobre tu modo de pensar</p>	 <p>Buscar mayor precisión</p>
 <p>Cuestionar y plantear un problema</p>	 <p>Aplicar conocimientos anteriores a nuevas situaciones</p>
 <p>Pensar y comunicar con claridad y precisión</p>	 <p>Recoger información a través de todos los sentidos</p>
 <p>Crear, imaginar y innovar</p>	 <p>Abordar con curiosidad y sorpresa</p>
 <p>Tomar riesgos responsablemente ¡Atrévete!</p>	 <p>Encontrar el humor</p>
 <p>Pensar de manera interdependiente</p>	 <p>Estar abierto a nuevos aprendizajes</p>

Taking a responsible risk



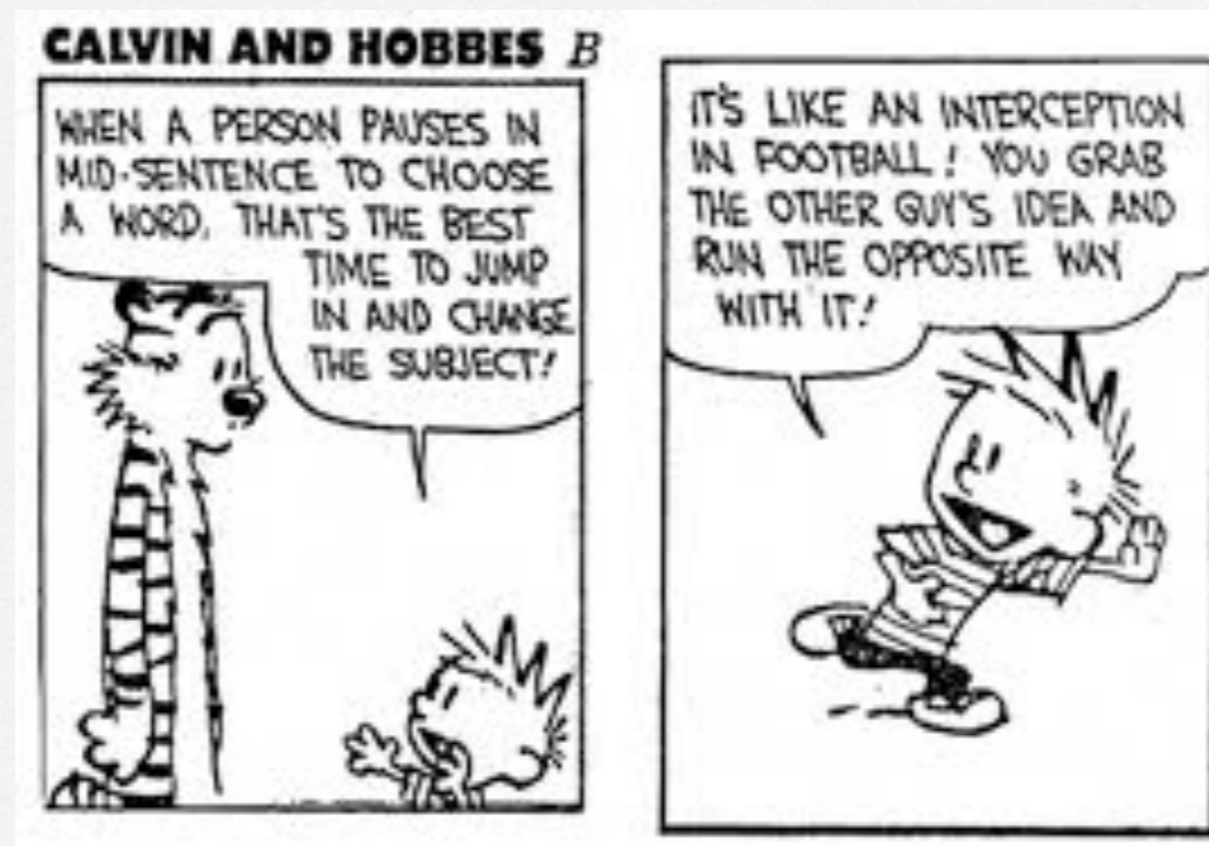
Taking a Risk video

Managing impulsivity



Managing impulsivity video

Listening with understanding and empathy



Listening video

Habits of Mind at home

Your child has brought home a project assignment for homework. What habit of minds do you think you would encourage your child to use to be successful?