



TRASH TALK... COMPOSTING

Ask Your Kids For The “Dirt” On Composting!

Questions:

- 1: Why do we compost?
- 2: What is needed to create compost?
- 3: How are your kids helping compost at school?

Answers:

- 1: We compost to reduce the amount of trash going into our landfills. Composting provides nutrient-rich soil for our gardens, reduces the amount of water needed, and creates pesticide free fertilizer.
- 2: The recipe for compost is half browns, half greens, water and air. Browns include dried leaves, sawdust, brown paper towels, lint, and shredded egg cartons. Greens include fresh fruit and veggie scraps. (No meat and dairy.)
- 3: Kids put fruits and veggie scraps into special bins. They mix the scraps with water and leaves. After about 4 months, the mixture becomes finished compost.



DID YOU KNOW...

Every year Americans throw 31 million tons of compostable food waste in landfills! (That's about 1.3 pounds per person daily!)



Fifth grade students who participated in school gardening activities like composting scored significantly higher on science achievement tests than students who did not. (Klemmer, Waliczek, & Zajicek, 2005).

What can we compost at home?



Learn more on the back!

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