

## HISTORY RIGOR RUBRIC

Is your lesson rigorous? This may help you decide.  
History Department's Definition of Rigor

Rigor is challenging students to critically think outside their comfort zone to demonstrate higher level of thinking.

Mark "T" or "F" before each statement.

\_\_\_\_\_ The lesson has *at least* one question that requires students to do more than recall information.

\_\_\_\_\_ The lesson has *at least* one open-ended question.

\_\_\_\_\_ The lesson is part of a sequence of lessons that will result in students having to synthesize and analyze information.

\_\_\_\_\_ The lesson takes students outside their comfort zone to a zone of proximal development.

\_\_\_\_\_ The lesson pushes students to do more than what is completely comfortable.

\_\_\_\_\_ The lesson challenges students.

\_\_\_\_\_ The lesson meets the department's definition of rigor.