

INSTRUCTIONAL AREA SUPERINTENDENT

#### Math Anxiety, Contributing Factors, & Possible Remedies January 15, 2015 2:30 pm - 3:30 pm Lucille Roybal-Allard Elementary

## Agenda

FACILITATOR(S)	Joseph Espinosa, CCSS Math Facilitator
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- 1. To raise an awareness of math anxiety and its contributing factors.
- 2. To understand the connection between math anxiety and working memory.
- 3. To become familiar and practice using expressive writing to address math anxiety.
- 4. To review the Action Research Project's Aim, Theory of Action, Improvement Methods, Practical Measures, and Timeline

Agenda		
2:30-3:00	Math Anxiety and Its Contributing Factors & Connection to Work Memory	
3:00-3:15	Math Anxiety Intervention: Expressive Writing	
3:15-3:30	Math Anxiety Project Overview	

Sign-In		
Name	Signature	

INSTRUCTIONAL AREA SUPERINTENDENT

#### Communicating a Growth Mindset

Agenda

January 22, 2015 2:30 pm – 3:30 pm Lucille Roybal-Allard Elementary

FACILITATOR(S)	Ioseph Espinosa, CCSS Math Facilitator
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- 5. To become familiar with self-theories defined by a fixed mindset or growth mindset.
- 6. To become familiar with process praise and process feedback and how to use them in the classroom to communicate a growth mindset.
- 7. To become familiar with the growth mindset response to challenge, effort, and mistakes and how to portray them in the classroom.

Agenda		
2:30-2:50	Fixed Mindset vs. Growth Mindset	
2:50-3:10	Communicating a Growth Mindset: Process Praise and Feedback	
3:10-3:30	Communicating a Growth Mindset: How to Portray Challenge, Effort, and Mistakes.	

Sign-In		
Name	Signature	



INSTRUCTIONAL AREA SUPERINTENDENT

# Action Planning: Communicating a Growth Mindset

January 29, 2015 1:45 pm – 2:45 pm Lucille Roybal-Allard Elementary

## Agenda

FACILITATOR(S)	Joseph Espinosa, CCSS Math Facilitator
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- 8. To provide an overview of the PDSA Cycles for Communicating Growth Mindset
- 9. To create an action plan for using process praise and feedback
- 10. To create an action plan for portraying a challenge, mistakes, and effort
- 11. To create a checklist for implementation
- 12. To create a SMART Goals for Communicating a Growth Mindset

Agenda		
1:45-1:55	Overview of PDSA Cycles for Communicating a Growth Mindset	
1:55-2:10	Action Planning: Process Praise and Feedback	
2:10-2:25	Action Planning: Portraying Challenge, Effort, and Mistakes.	
2:25-2:35	Creating a Checklist for Communicating Growth Mindset	
2:35-2:45	SMART Goals: Communicating a Growth Mindset	

Sign-In		
Name	Signature	



INSTRUCTIONAL AREA SUPERINTENDENT

# Action Planning: Communicating a Growth Mindset

February 5, 2015 1:45 pm – 2:45 pm Lucille Roybal-Allard Elementary

## Agenda

FACILITATOR(S)	Joseph Espinosa, CCSS Math Facilitator
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- 13. To provide an overview of the PDSA Cycles for Communicating Growth Mindset
- 14. To create an action plan for using process praise and feedback
- 15. To create an action plan for portraying a challenge, mistakes, and effort
- 16. To create a checklist for implementation
- 17. To create a SMART Goals for Communicating a Growth Mindset

Agenda		
1:45-1:55	Overview of PDSA Cycles for Communicating a Growth Mindset	
1:55-2:10	Action Planning: Process Praise and Feedback	
2:10-2:25	Action Planning: Portraying Challenge, Effort, and Mistakes.	
2:25-2:35	Creating a Checklist for Communicating Growth Mindset	
2:35-2:45	SMART Goals: Communicating a Growth Mindset	

Sign-In		
Name	Signature	

INSTRUCTIONAL AREA SUPERINTENDENT

#### Teaching a Growth Mindset

Agenda

February 11 & 12, 2015 2:30 pm – 3:30 pm, 7:20 am – 8:00 am Lucille Roybal-Allard Elementary

FACILITATOR(S)	Joseph Espinosa, CCSS Math Facilitator
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- 18. To review the PDSA Cycles for the introduction and 4 Growth Mindset Lessons.
- 19. To vet and select the Mindset Works, PERTS Lessons and formative assessments.
- 20. To create a checklist of those lesson components selected to be taught.
- 21. To create SMART Goals for the teaching and assessing of Growth Mindset Concepts.

Agenda		
2:30-2:40	PDSA Cycle Overview for 5 Lessons on Teaching a Growth Mindset	
2:40-3:20	Selection of Mindset Works & PERTS Lessons, Formative Assessments, and Creation of	
	Checklist for Implementation	
3:20-3:30	SMART Goals for Teaching Growth Mindset Lessons & Formative Assessment	

Sign-In		
Name	Signature	