



Not nervous
at all



A little
nervous



Somewhat
nervous



Very
nervous



Very, very
nervous

Practice: Who's the President
of the United States?

George bought two pizzas that had 6 slices each. How many total slices did George have to share with his friends?

Is this right? $9 \times 7 = 62$

How much time does it take for Annie to finish her homework if it takes her 30 minutes to read, 30 minutes to solve math word problems, and 30 minutes to write an introduction for an informational article?

What is 482 rounded to the nearest 100?

What is the area of a rectangle if it has a length of 12 and a width of 5?

Draw a pentagon and a
hexagon?

Count by 9s from 18 to 81.

What time will it be in 40
minutes?

Is it right? $48 \div 6 = 8$

Daisy is older than Ernie.

Ernie is older than Francesca.

Who is older-Daisy or
Francesca?

Practice: You're about to ride a roller coaster.

You are in math class and your teacher is about to teach something new.

You have to sit down to start
your math homework.

You are adding up all the
money in your piggy bank.

Someone asked you to cut up
an apple pie into 6 equal
parts.

You are about to take a math
test.

You are in math class and you don't understand something. You ask your teacher to help you.

Your teacher gives you a lot of multiplication problems to work on.

Your teacher gives you a lot of
division problems to work on.

You are in class sharing your solution to a math problem on the white board.

You are listening as your teacher explains to you how to do a math problem.

Scale for Early Mathematical Anxiety

* Required

1. **Name: ***

.....

2. Now I'm going to show you some math questions. I want you to read each question and pretend that you are going to answer it. Then I want you to tell me how nervous answering the question makes you feel. So remember, you don't actually (really) have to answer the questions, but i just want you to pretend you are going to answer them and see how it makes you feel. It could make you feel not nervous AT ALL, a little nervous, somewhat nervous, very nervous, or VERY, VERY nervous. Do you understand? Let's do one together. [Child reads practice question and answer.]

.....

3. **Practice: Who's the President of the United States?**

Mark only one oval.

1 2 3 4 5

Not nervous at all Very, very nervous

4. **George bought two pizzas that had 6 slices each. How many total slices did George have to share with his friends? ***

Mark only one oval.

1 2 3 4 5

Not nervous at all Very, very nervous

5. **Is this right? $9 \times 7 = 62$ ***

Mark only one oval.

1 2 3 4 5

Not very nervous at all Very, very nervous

24. **You are in class sharing your solution to a math problem on the white board. ***

Mark only one oval.

	1	2	3	4	5	
Not very nervous at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Very, very nervous

25. **You are listening as your teacher explains to you how to do a math problem. ***

Mark only one oval.

	1	2	3	4	5	
Not very nervous at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Very, very nervous

Powered by

