

Not nervous at all



A little nervous



Somewhat nervous



Very nervous



Very, very nervous

Practice: Who's the President of the United States?

George bought two pizzas that had 6 slices each. How many total slices did George have to share with his friends?

Is this right? $9 \times 7 = 62$

How much time does it take for Annie to finish her homework if it takes her 30 minutes to read, 30 minutes to solve math word problems, and 30 minutes to write an introduction for an informational article?

What is 482 rounded to the nearest 100?

What is the area of a rectangle if it has a length of 12 and a width of 5?

Draw a pentagon and a hexagon?

Count by 9s from 18 to 81.

What time will it be in 40 minutes?

Is it right? $48 \div 6 = 8$

Daisy is older than Ernie. Ernie is older than Francesca. Who is older-Daisy or Francesca? Practice: You're about to ride a roller coaster.

You are in math class and your teacher is about to teach something new.

You have to sit down to start your math homework.

You are adding up all the money in your piggy bank.

Someone asked you to cut up an apple pie into 6 equal parts.

You are about to take a math test.

You are in math class and you don't understand something. You ask your teacher to help you.

Your teacher gives you a lot of multiplication problems to work on.

Your teacher gives you a lot of division problems to work on.

You are in class sharing your solution to a math problem on the white board.

You are listening as your teacher explains to you how to do a math problem.

Scale for Early Mathematical Anxiety * Required

Now I'm going to shouestions. I want you and pretend that you for answering the question or the first makes you for the first	ou to read u are goir tell me ho tion make 't actually ns, but i ju ng to ans eel. It coul , a little n very nervyou unde	l each ong to ang to ang to ang to ang to ang the second of the second o	questionnswer it rous feel. So r) have to the you to the you feel, or VERY? Let's conserved.	see el				
Practice: Who's th Mark only one oval.		ent of t	the Unit	ted Stat	es?			
mark only one oval.	1	2	3	4	5			
Not nervous at all		2	3	4	5	Very,	very ne	rvous
	1 o pizzas	that ha						
Not nervous at all George bought tw have to share with Mark only one oval.	1 o pizzas i	that ha	ad 6 slic	ces eacl	n. How i	many to		es did
Not nervous at all George bought tw have to share with	1 o pizzas in his frien 1 = 62 *	that ha	ad 6 slic	ces eacl	n. How i	many to	otal slic	es did
Not nervous at all George bought tw have to share with Mark only one oval. Not nervous at all	1 o pizzas in his frien 1 = 62 *	that hands? *	ad 6 slic	ces eacl	5	many to	otal slic	es did

	1	2	3	4	5	
Not very nervous at all						Very, very nervous
What is 482 rounded to Mark only one oval.	the nea	arest 10	0?*			
	1	2	3	4	5	
Not very nervous at all						Very, very nervous
Mark only one oval.	1	2	3	4	5	
	1	2	3	4	5	
Not very nervous at all						Very, very nervous
Draw a pentagon and a Mark only one oval.	a hexago	on?*				Very, very nervous
Draw a pentagon and a	a hexago	on? *	3	4	5	Very, very nervous
Draw a pentagon and a			3	4	5	
Draw a pentagon and a Mark only one oval.	1		3	4	5	Very, very nervous Very, very nervous
Draw a pentagon and a Mark only one oval. Not very nervous at all Count by 9s from 18 to	1		3	4	5 5	
Draw a pentagon and a Mark only one oval. Not very nervous at all Count by 9s from 18 to	1 81.*	2				Very, very nervous
Draw a pentagon and a Mark only one oval. Not very nervous at all Count by 9s from 18 to Mark only one oval.	1 81.*	2 2				Very, very nervous
Draw a pentagon and a Mark only one oval. Not very nervous at all Count by 9s from 18 to Mark only one oval. Not very nervous at all What time will it be in 4	1 81.*	2 2				

6. How much time does it take for Annie to finish her homework if it takes her 30 minutes

Mark only one oval.						
	1	2	3	4	5	
Not very nervous at all						Very, very nervou
Daisy is older than Err Francesca? * Mark only one oval.	nie. Ernic	e is olde	er than	Frances	sca. Wh	o is older-Daisy or
	1	2	3	4	5	
Not very nervous at all						Very, very nervou
to pretend each situation think about how nervous could make you feel not little nervous, somewhat nervous, or VERY, VER understand? Let's try or practice sentence) Practice: You're about	s it make nervous t nervous Y nervou ne. Prete	s you fe AT ALL s, very us. Do y nd (read	el. It ., a ou I	:		
Mark only one oval.	1	2	3	4	5	
Not very nervous at all						Very, very nervou
You are in math class Mark only one oval.	and you	r teach	er is ab	out to to	each so	mething new. *
	1	2	3	4	5	
Not very nervous at all						Very, very nervou
You have to sit down to Mark only one oval.	to start y	our ma	th hom	ework.	ŧ	
	1	2	3	4	5	
Not very nervous at all						

12. **Is it right? 48 / 6 = 8 ***

	1	2	3	4	5	
Not very nervous at all						Very, very nervous
Someone asked you to Mark only one oval.	cut up	an appl	le pie in	to 6 eq	ual parts	s. *
	1	2	3	4	5	
Not very nervous at all						Very, very nervous
You are about to take a Mark only one oval.	a math t	est. *				
	4	2	3	4	5	
	1	_	•			
Not very nervous at all You are in math class a				and son	nething.	Very, very nervous You ask your teach
You are in math class a		don't u	understa	and son	nething.	
You are in math class a help you. * Mark only one oval.	and you					
You are in math class a help you. * Mark only one oval. Not very nervous at all Your teacher gives you	and you	don't u	3	4	5	You ask your teach
You are in math class a help you. * Mark only one oval. Not very nervous at all Your teacher gives you	and you	don't u	3	4	5	You ask your teach
You are in math class a help you. * Mark only one oval. Not very nervous at all Your teacher gives you Mark only one oval.	and you	don't u	3 lication	4 proble	5 ms to w	You ask your teach
You are in math class	and you 1 u a lot of	don't u	3 lication	4 proble	5 ms to w	You ask your teach Very, very nervous ork on. *

	1	2	3	4	5	
Not very nervous at all						Very, very nervous
ou are listening as yo	our teacl	her exp	lains to	you ho	w to do	
You are listening as you	our teacl	her exp	lains to	you ho	w to do	
You are listening as yo	our teacl	·	lains to	-	w to do	

Powered by
Google Forms